

Regional Prevention

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The Regional Prevention Center of East Central Kansas
DCCCA Family Service Center
3312 Clinton Parkway
Lawrence, KS 66047

**Strengthening
communities today**



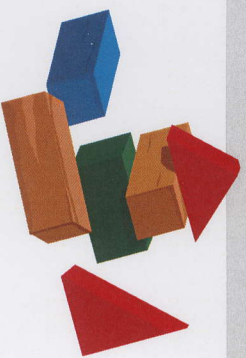
**To build better
tomorrows**

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Jefferson, Jackson, Atchison,
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Building Blocks For a Strong Foundation



Our Mission

The Regional Prevention Center of East Central Kansas acts as a catalyst to reinforce messages that promote positive behaviors for youth and adults and to encourage all individuals to lead a healthy and productive life. Efforts are concentrated in drawing together all community resources to combat substance abuse, teen pregnancy, violence, juvenile delinquency and school drop-out.

The RPC encourages involvement of all community members in promoting positive role models, teaching resistance concepts, developing healthy life skills and providing positive alternatives & choices.

Our Services

The primary service of the Regional Prevention Center of East Central Kansas (RPC of ECK) is to assist community groups, social service agencies, parents, businesses, churches and school personnel in developing coalitions which focus on reducing the risk of problem behaviors and developing protective factors for individuals, families, schools and communities.

The RPC of ECK also houses a Resource Center that addresses the many issues surrounding substance abuse and other problem behaviors. Items available include brochures, posters, curriculum, videos and other materials. Videos are free of charge and may be checked out for five business days.

Part of a Statewide Infrastructure

The Regional Prevention Center's initiatives, funded by SRS Addiction and Prevention Services, are based on prevention science. The RPC supports research-based practices, data-driven processes and outcomes-based planning and evaluation. We have been in existence for over 20 years and concentrate specifically on three statewide outcomes:

- 1) Reduce the use of tobacco, alcohol and other drugs by youth;
- 2) Increase the age at which children try illegal substances for the first time;
- 3) Increase the perception of risk and harm with the use of illegal substances.

All 105 counties in the state are served by one of 13 Regional Prevention Centers which provide comprehensive science-based technical assistance, support and training to community coalitions, task forces and partnerships. Trained Regional Prevention Center personnel can assist with community needs assessments, data and evaluation, prevention strategies and workshops, and comprehensive strategic planning.

Available Trainings

Adult Baseline

This is a two-day workshop that helps participants understand the impact of alcohol and other drugs on individuals, families and communities. The training includes videos, group discussion, activities and guest speakers. Baseline participants qualify for 12 continuing education credits for many professionals.

Baseline helps people: Understand the family dynamics of alcoholism; Learn about how alcohol affects the body; Examine the results of substance abuse.

Teen Baseline

This is a one-day retreat led by certified adult facilitators to help teens examine their beliefs and behaviors about alcohol, tobacco and other drug use.

-Helps teens gain the knowledge about the physical and social consequences of alcohol, tobacco and other drugs including addition in teens and adults.

-Gives teens new insight into factors that increase their risk of substance abuse problems.

Spiceline

SPICE stands for Senior Prevention, Intervention, Counseling, Education. This is a one-day training on mismanagement of medications and substances by older adults. It is intended to increase awareness of the magnitude and seriousness of alcohol, prescription, and over-the-counter drug abuse among older adults, and to enhance participants' ability to help individuals who are affected by this

Drug Trends

This workshop is full of information about commonly used drugs and drug paraphernalia. It also includes data on information on popular trends happening in today's society.

Alcohol & the Adolescent Brain

This workshop focuses on the how the brain develops and how introducing alcohol use during this "construction" period can effect behavior. Local data on underage drinking and related laws will be provided.

Crank It Up

This workshop provides General Meth Information; Indicators of Meth Activity; Methods & Materials used in Production; Treatment Approaches; The effects on Families and Children; Kansas Meth Legislation Overview