

Items and Information for Incoming Clients
DCCCA Residential Treatment Facilities
First Step at Lake View, Options Adult Services, and Women's Recovery Center

All DCCCA Inc. treatment facilities must abide by Federal confidentiality regulations. We are not allowed to confirm if a client is here. When friends or family call, we will post the message with staff who will give it to the client.

To ensure safety, items and bags brought to the facility, either at admission or throughout the treatment stay, will be thoroughly searched.

Washer, dryer and laundry detergent are available, at no charge for client's use.

List of Items allowed in all treatment:

- Personal hygiene items: plastic and electric razors, toothpaste/brushes, deodorant and hair items. Colognes/perfumes and mouthwashes containing no alcohol. (Please read the labels.)
- Two towels and two washcloths. Personal bedding such as pillows, sheets, blanket.
- Several changes of casual clothing (jeans or sweats are okay). Shower shoes and a jacket are helpful. See below for prohibited clothing. Sunglasses are allowed to be worn only on the outdoor breaks.
- Telephone calling cards are allowed. Options Adult Services and Women's Recovery Center have pay phones and vending machines for client use, so please make sure you bring quarters. (Clients should carry no more than \$20 cash.)
- Cigarettes only and a lighter.
- Medication must be in its original prescription bottle, or a new prescription. Bring a 30 day supply of medications. The dosage must be legible. If you receive sample medications from a doctor you must have the doctor fill out on script paper the dosage that is set for that medication.
- Cell phones have to be checked in with staff. They can be checked out and used at designated times.
- Envelopes, paper, pen and stamps if client wishes to write letters.
- Alarm clocks and MP3 players with headphones.

List of Items for Women's Treatment Facilities:

- Sanitary napkins
- Nail polish, polish remover
- Make-up
- Hair dryers, curling irons, hot rollers, etc.

List of Items to bring for children:

- Clothing (weather appropriate)
- Diapers
- Formula
- Shoes
- Inexpensive toys (optional)

- Bottles or sippy cups
- Favorite “blanket” or stuffed animal for comfort
- Bassinette or Pack-n-Play (We do have some Pack-N-Play’s for client use, yet there is no guarantee that one will be available)
- Mothers are responsible for their children’s supply needs (diapers, wipes, etc.). DCCCA staff will help you access community resources if you require assistance. Mothers are transported to local stores to purchase items for the children, as needed. Mothers with Vision Cards may retrieve cash from their accounts to purchase supplies.

Requirements for children living in the facility:

Children three months and older will be in our child care facility while mothers attend treatment services. Children, other than newborns, cannot be with their mothers during treatment activities, making it critical that the following documents are provided for each child at admission:

- Current immunization records. Contact your child’s physician or your local Health Department to obtain a copy of the current shot record if you do not have one.
- Physical. Ask your child’s physician a written summary of the most recent medical examination. If your child has a state issued Medical Card (Medicaid), it is usually required that your child receive a regular Kan Be Health Screening. Your child’s physician may transfer that screening information onto the Kan Be Healthy Form.

Items not allowed in treatment:

- Electronics such as radios, televisions, CD/DVD player, laptops, tablets. cameras
- Magazines or comic books.
- Gum.
- Chewing tobacco
- Cigars, self-rolling cigarette tobacco, electronic cigarettes
- No weapons
- No illegal drugs or alcohol
- No prescription drugs that are not prescribed to the client in treatment.
- No over the counter sleep aids.
- No tank tops or spaghetti strap shirts
- No clothing items with alcohol, drug or gang logos
- Scissors or metal nail files
- Torch lighters
- Movies
- Candles, incense

If there is anything not mentioned in these lists that you have questions about you may call:

- **Women’s Recovery Center at (316)262-0505**
- **First Step at Lakeview at (785)843-9262**
- **Options Adult Services at (316)265-6011**