



PEACEFUL
FAMILY
OKLAHOMA

ACEs = Adverse
Childhood
Experiences

Positive Stress

The body's normal and healthy stress response to a tense situation/event.

Example:

First day of school or work.

Tolerable Stress

Activation of the body's stress response to a long-lasting or severe situation/event.

Example:

Loss of family member, but with supportive buffers in place.

Toxic Stress

Prolonged activation of the body's stress response to frequent, intense situations/events.

Example:

Witnessing domestic violence in the home, chronic neglect.²

The image features a young girl in the foreground, crying with her hands covering her ears. She has dark hair in two braids and is wearing a white long-sleeved shirt. The background is blurred, showing a man in a light blue shirt and a woman in a maroon dress in what appears to be a kitchen. The image is framed by vibrant, flowing purple and blue abstract shapes at the top and bottom.

THE EFFECTS ON CHILDREN

IN THE FORMATIVE YEARS...

Building muscle &
growing bone



Honing the senses



Developing
coordination &
communication skills





THE ADRENALINE RESPONSE

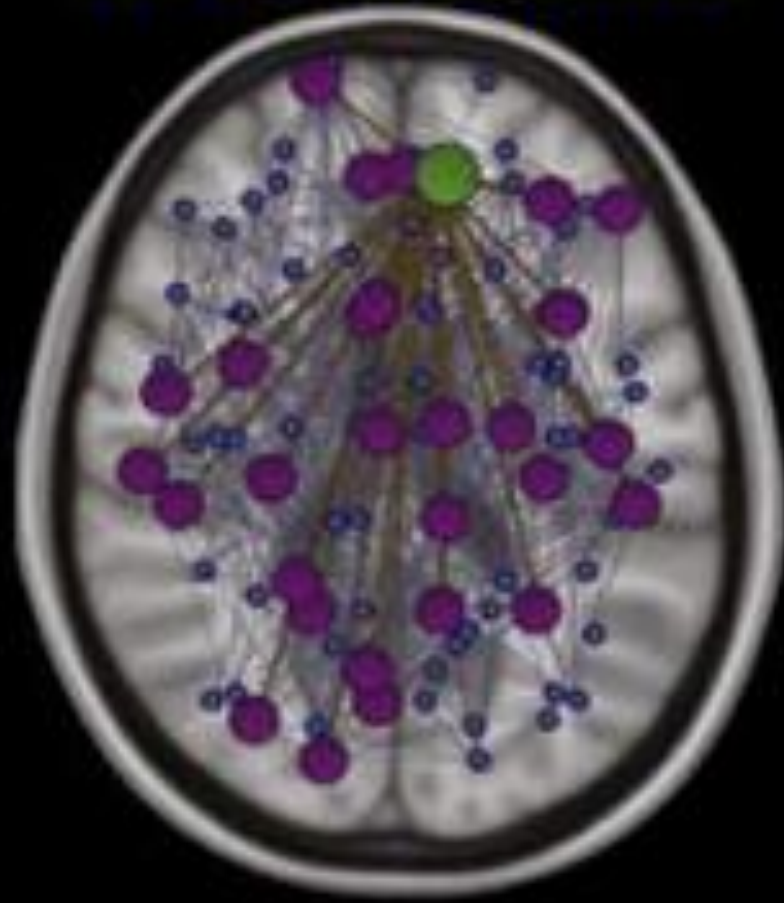




Adrenaline
triggered
again and again...

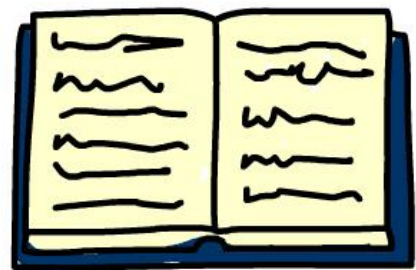


No Maltreatment



Maltreated

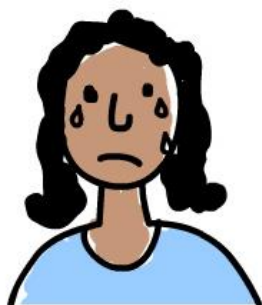




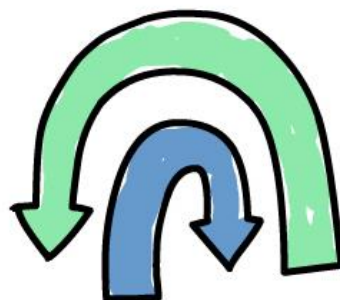
learning



behaviours



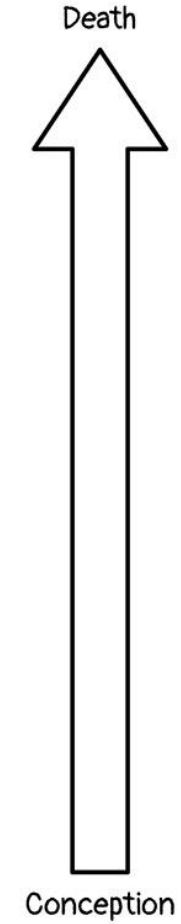
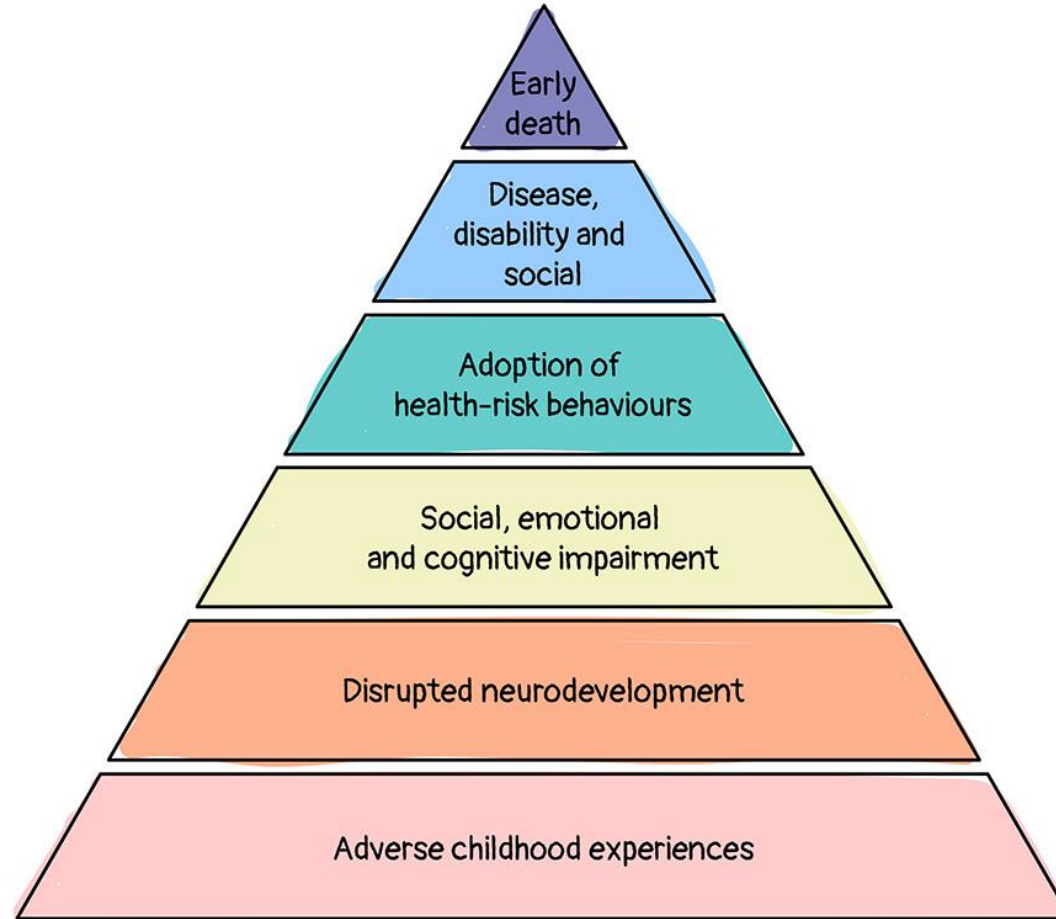
emotions



lifelong
opportunities



physical
health





PEACEFUL
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Recent studies
show Oklahoma
ranks as the worst
in the nation when
it comes to the
number of Adverse
Childhood
Experiences
(ACEs).

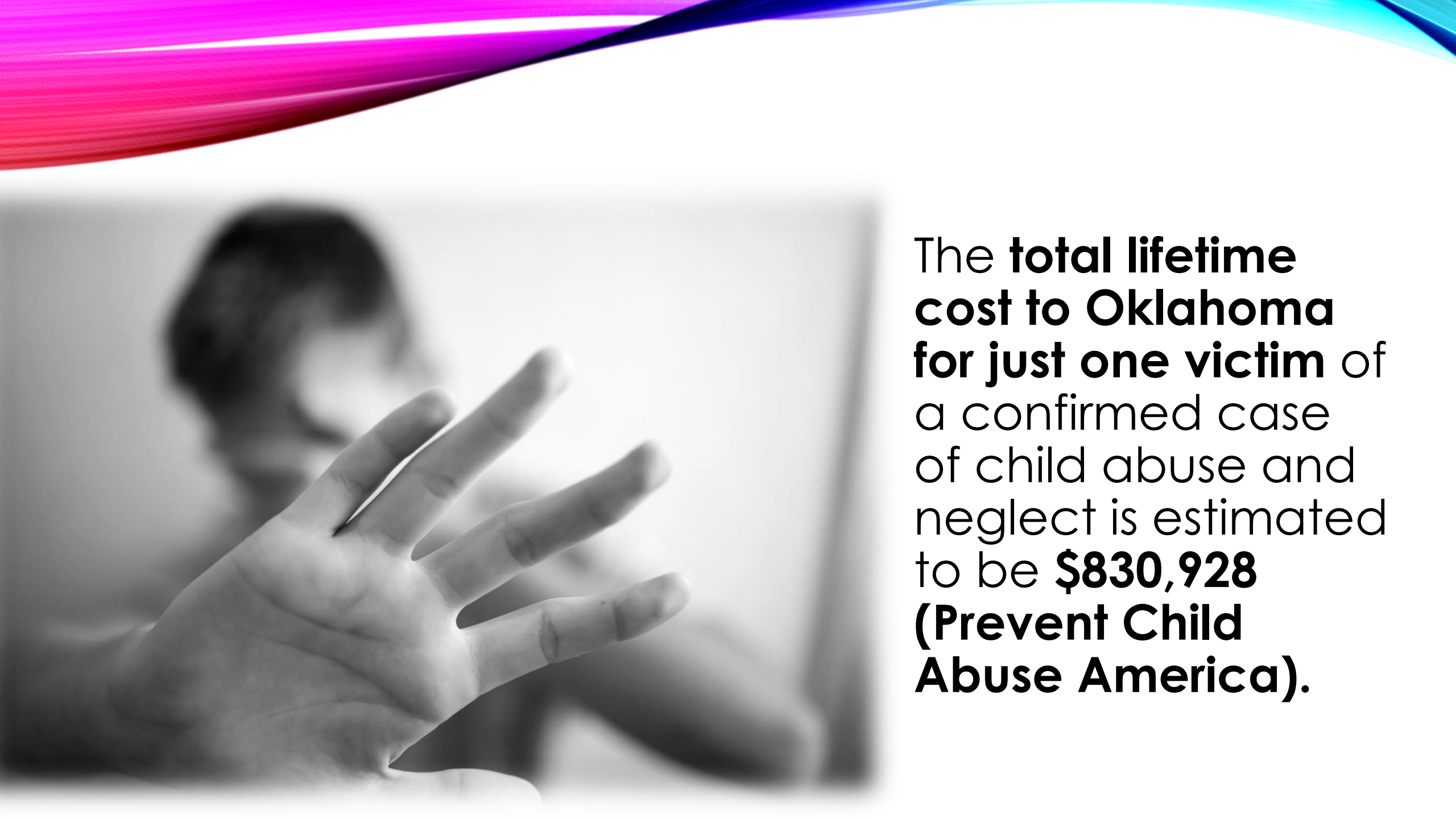


At least **one-in-three**
of the children who
enter foster care in
Oklahoma is
because of
parental substance
use disorders.



**82% of child
neglect** in
Oklahoma County
was due to
substance use
disorders in 2018





The **total lifetime cost to Oklahoma for just one victim** of a confirmed case of child abuse and neglect is estimated to be **\$830,928 (Prevent Child Abuse America).**



In FY 2021, 14,466 Oklahoma children were confirmed victims of child abuse and neglect.

That means our state can expect more than \$12 billion of lifetime costs associated with those children identified as maltreatment victims in 2021 alone.



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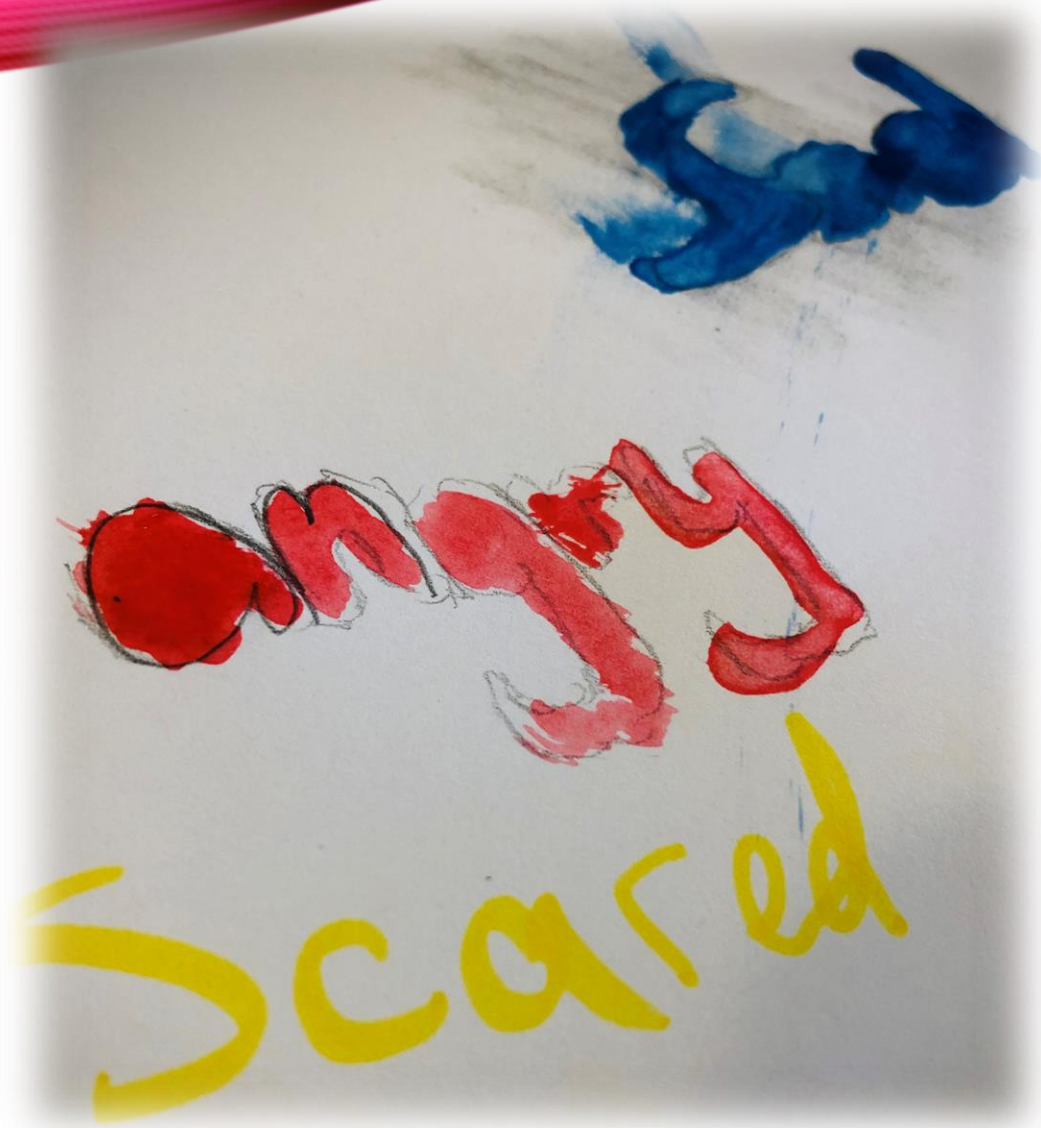
At risk of experiencing direct effects, such as parental abuse or neglect and a higher risk of physical, verbal or sexual abuse (NIDA), or indirect effects, such as fewer household resources (SAMHSA)





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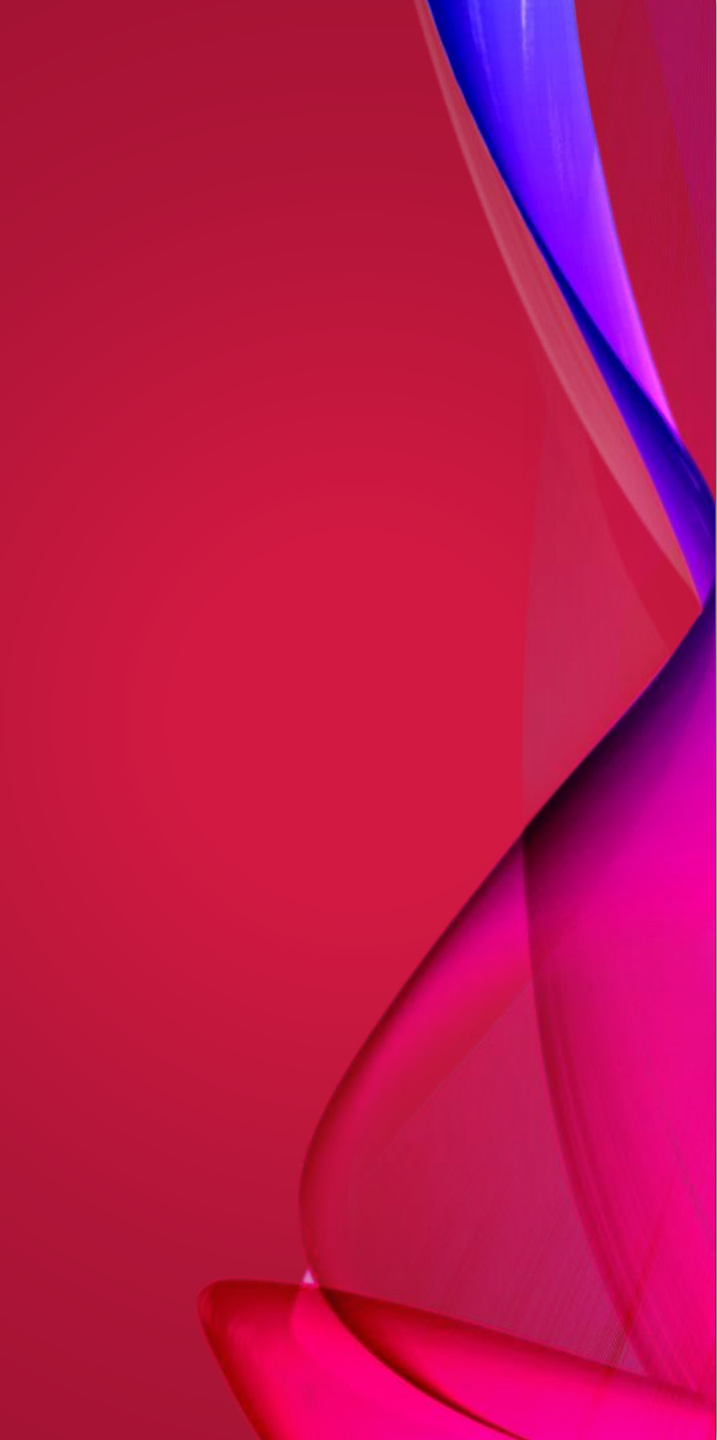
More likely to experience low self-esteem, emotional and behavioral problems, higher risk of developing anxiety or depression and earlier onset of experimentation of drugs or alcohol (NIDA)



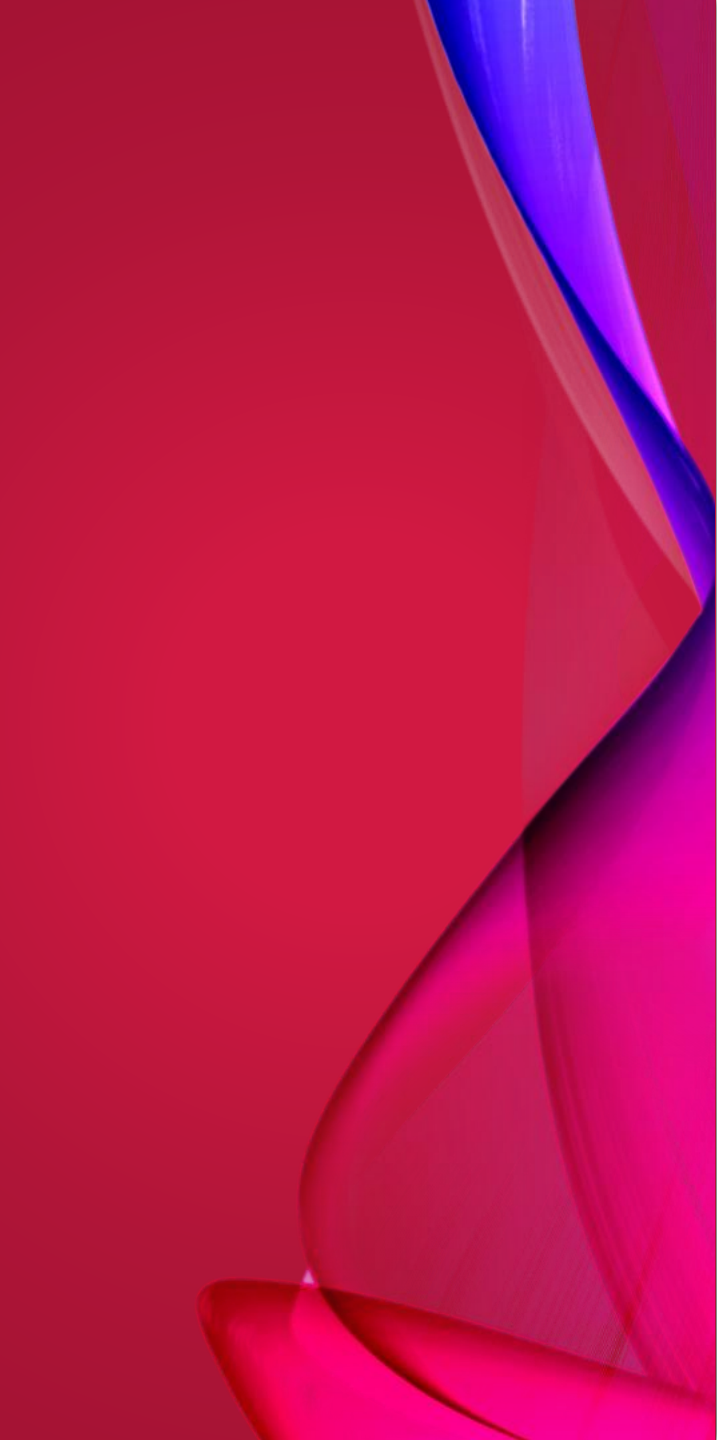
ACE'S DON'T
HAVE TO DEFINE
THE OUTCOME...

We have to give extra
support the children who
have experienced
adversity and trauma.



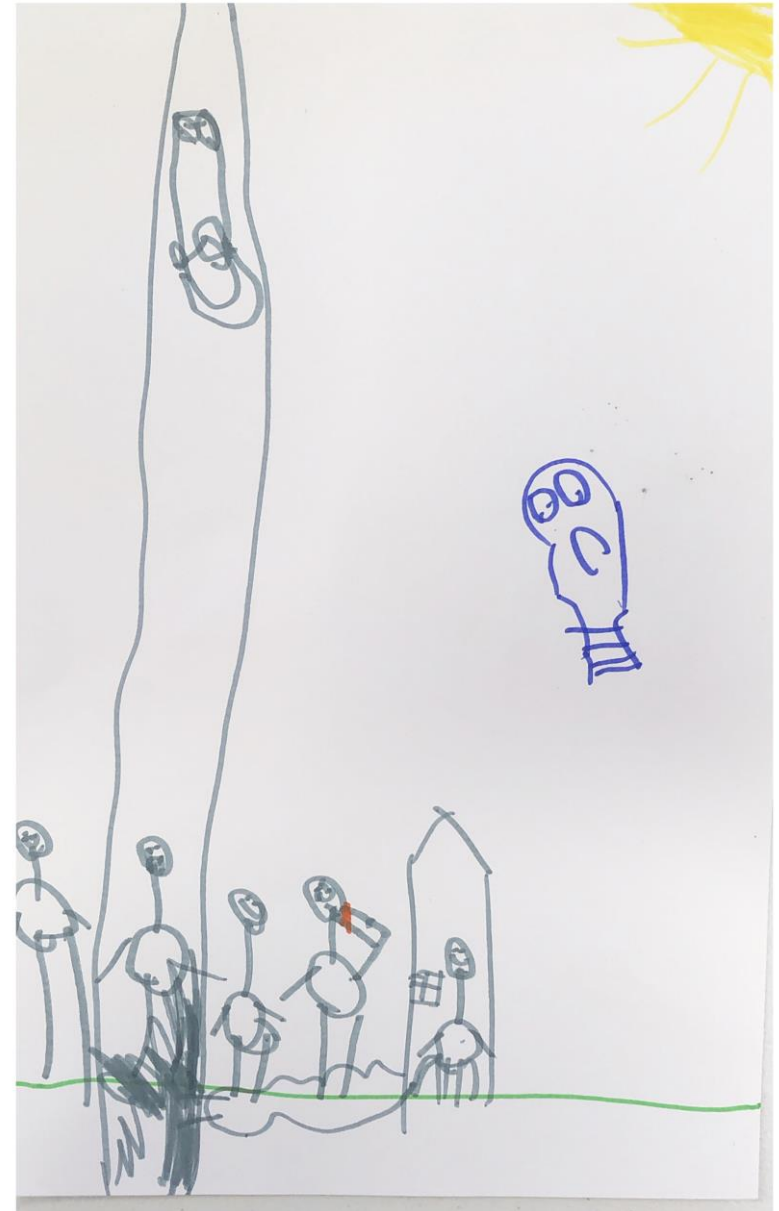


Addiction does not
discriminated by age,
education level,
ethnicity, religion or any
other factor.

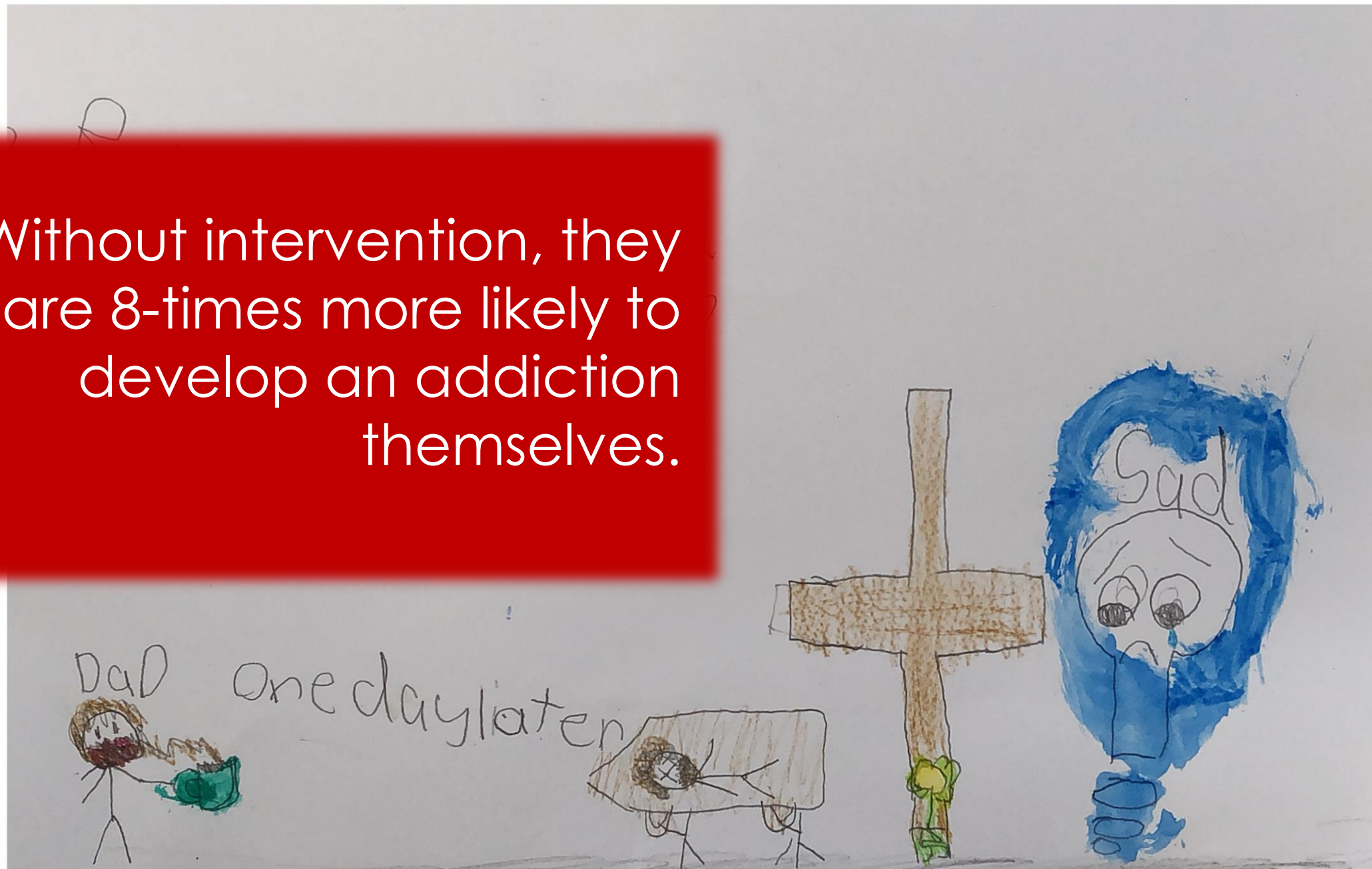


No one is naturally
equipped to deal with
the addiction of a loved
one, especially our
youngest Oklahomans.

One-in-four
children live in a
household with a
family member
with a substance
use disorder



Without intervention, they
are 8-times more likely to
develop an addiction
themselves.





We envision a world where no child impacted by family addiction goes without the support needed to find hope, healing and break the cycle of addiction.

“

Through PFO, kids learn...

They are not alone

Addiction is not their fault

All feelings are okay

How to identify their safe people

A child's job is to be a kid

”

“

Peaceful Family Oklahoma's Program is

Evidence-
based

Peer-to-
Peer

Trauma-
informed

”

Age-
appropriate

Play-
focused



CURRICULUM DEVELOPED BY

SAMHSA

Substance Abuse and Mental Health
Services Administration

Used by



Hazelden Betty Ford
Foundation

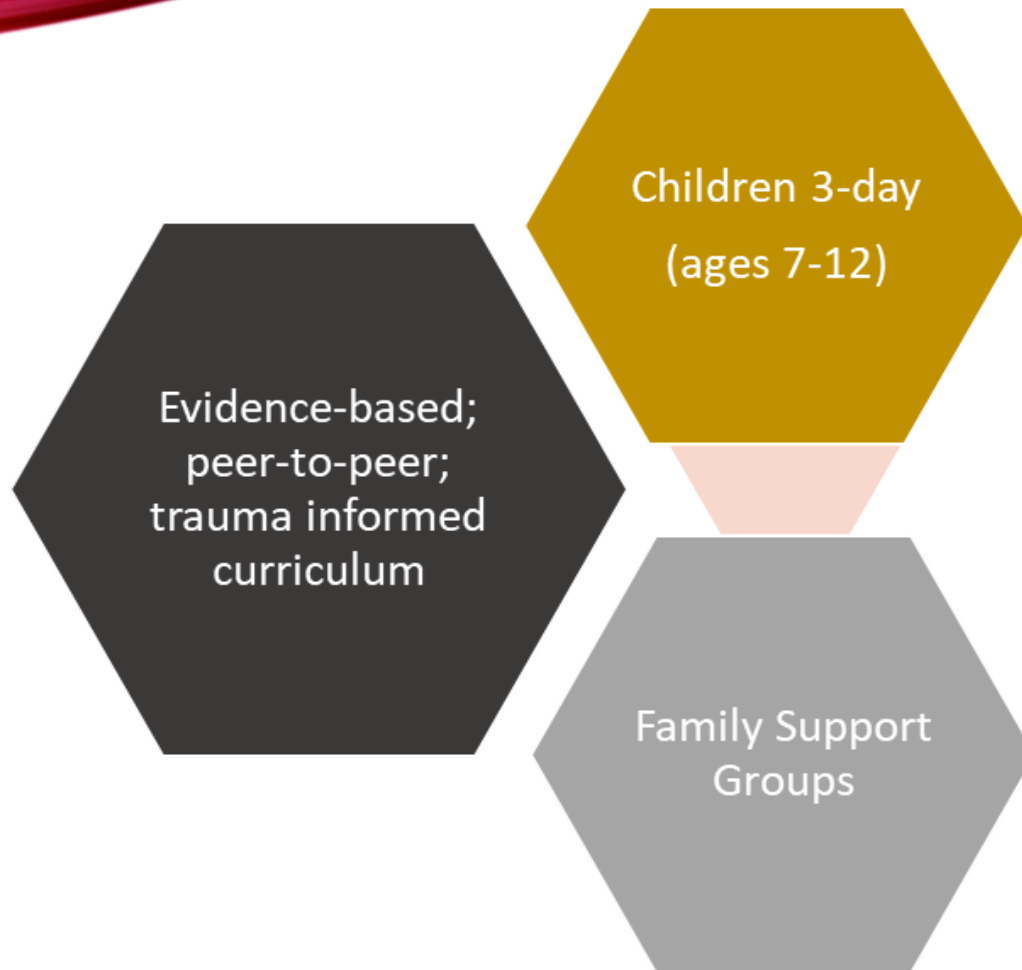
An affiliate of...



VOICE
FOR THE
CHILDREN

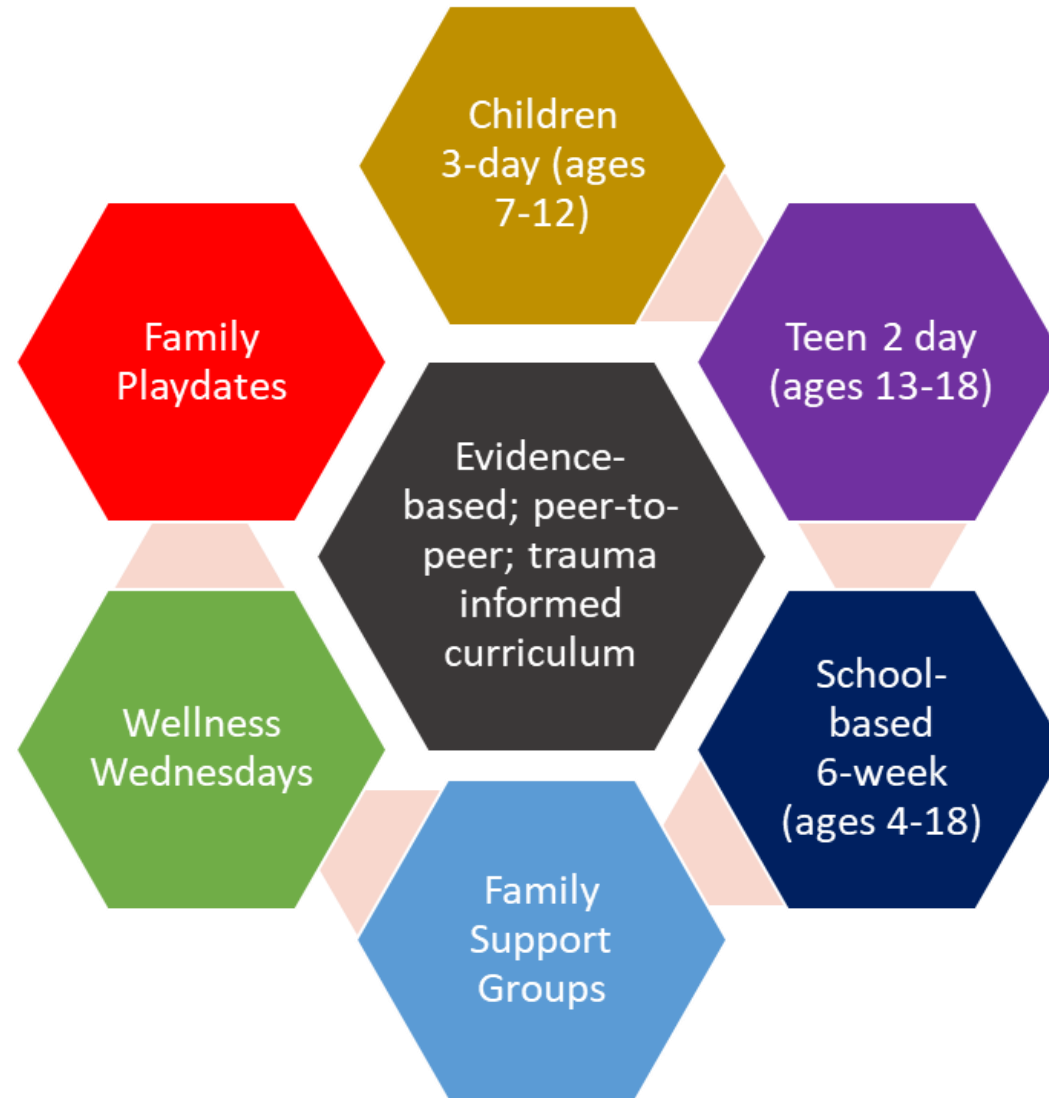
A partner organization of...





PFO Programs March 2022

Programs March 2023



YOUNG CHILD CURRICULUM

SESAME STREET in Communities

Partner Portal | Professional Development | Topics | Search

Home > Parental Addiction

Parental Addiction





When a family member struggles with addiction, the whole family struggles. Children often think it's their fault; they feel shame, embarrassment, guilt, and loneliness; they may feel invisible. It takes special effort to start important conversations and answer children's questions. But parents, teachers, caregivers, and other caring adults can comfort children and guide them through difficult moments. With love and support, the family can cope with the challenges of addiction together.

Watch on YouTube

Find an Activity

Discover printables, videos, and more on topics to help the families you work with.

Age Time Type Find



We believe children deserve...



The right to their own
recovery and healing.



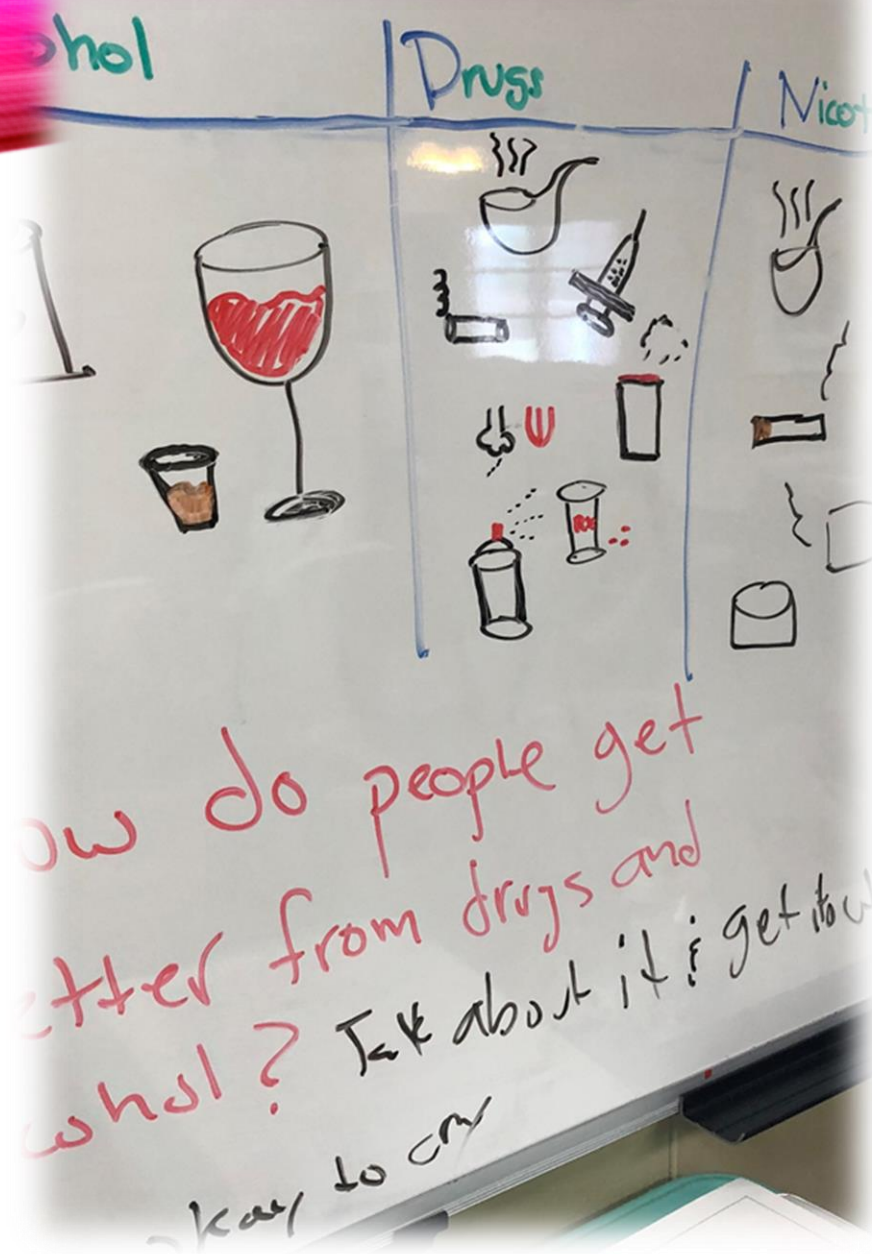
To be treated with
dignity, respect, value
and worth.



To be listened to and
heard.



The opportunity to be
kids.



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Part 1

Addiction:
Not My Fault



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Part 2

A Feeling Disease:
It's OK to Share
My Feelings



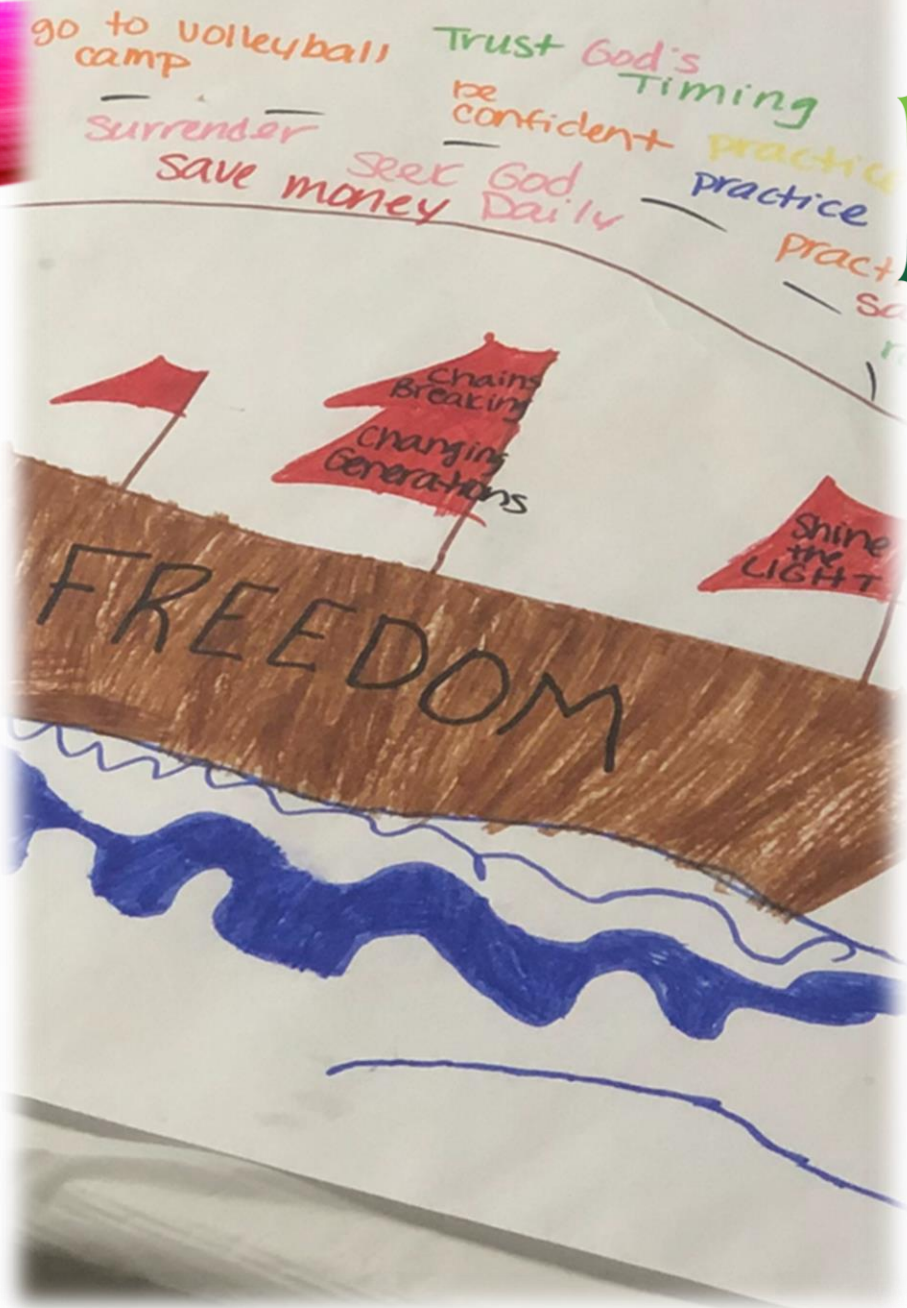


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Part 3

The Heart of
Recovery: Taking
Care of Me



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Part 4

Changing the Family
Legacy: Celebrating
You and Me





OUTCOME MEASUREMENT RESULTS

OF CHILDREN WHO
COMPLETED THE
PEACEFUL FAMILY
SOLUTIONS' PROGRAM...



↑HOPE AND WELL-BEING

95% had increased hope, and 85% had improved ability to cope. 95% better recognized their own strength and resilience and 100% had reduced anxiety. 85% felt less alone.

↑SAFETY

100% learned to identify "safe" people from whom to seek help. 95% indicated a decreased risk for future use of alcohol and drugs.



↑COMMUNICATION

100% improved communication skills.
100% increased the ability to name and communicate feelings.

OUTCOME MEASUREMENT RESULTS

OF CHILDREN WHO
COMPLETED THE
PEACEFUL FAMILY
SOLUTIONS' PROGRAM...

↑ UNDERSTANDING

100% learned their parent's addiction is not their fault and that with treatment, recovery is possible.
100% improved their ability to make the distinction between the disease of addiction and a loved one who has an addiction.



↑ HEALTHY RELATIONSHIPS

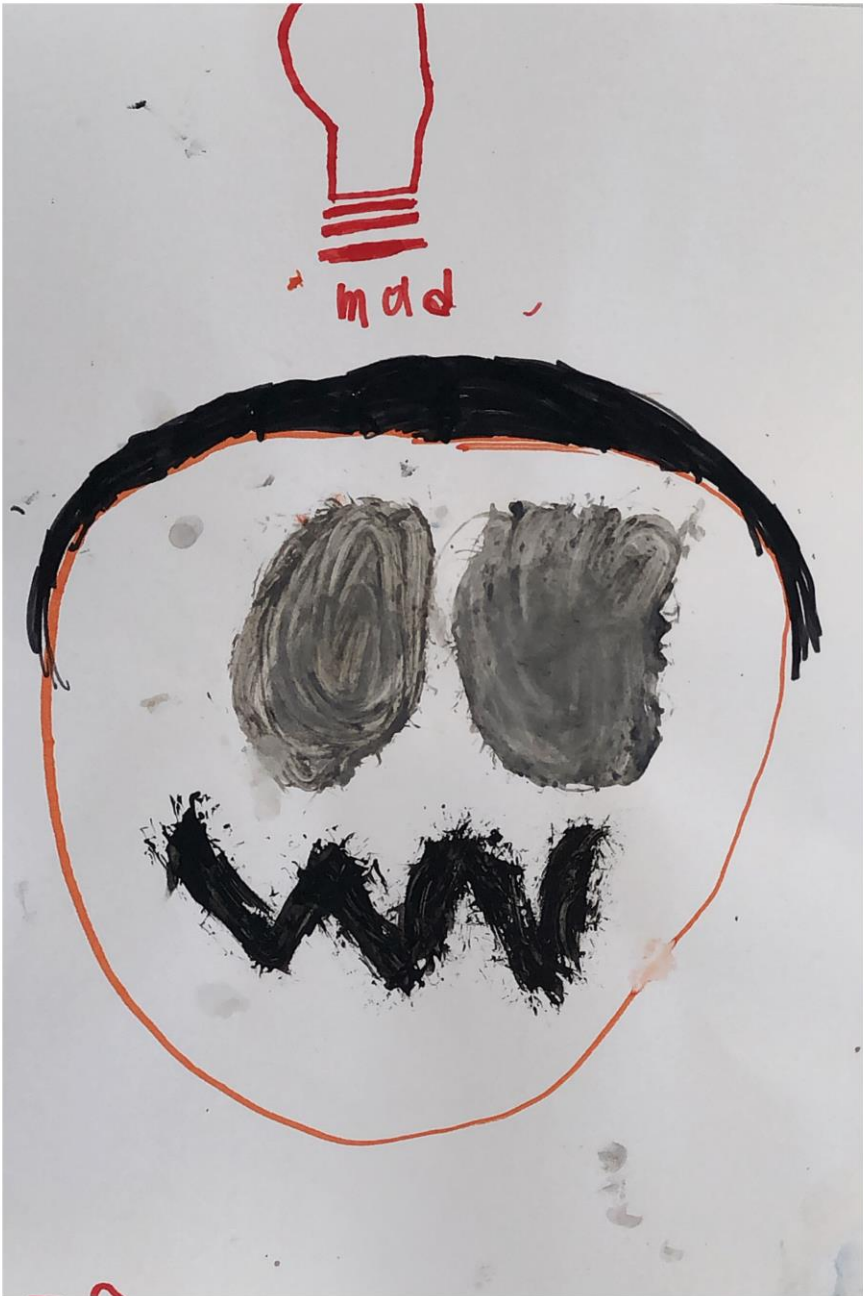
100% learned their job is to be a kid and achieved an enhanced understanding of healthy parent/child relationships.

OUTCOMES AS OF JULY 2021.



COMMUNITY PARTNERS

Oklahoma State Department of Mental Health and Substance Abuse Services | Family Treatment Court, District Court of OK County, OK Juvenile Justice Center | OK County Drug Court | Sunbeam Family Services Positive Tomorrows | ReMerge | OKC Indian Clinic | Department of Human Services | Arnall Family Foundation | HALO Project | OK State Medical Association | Hope is Alive | Jordan's Crossing | Edmond Mental Health Substance Abuse Coalition | Hazelden Betty Ford Clinics | NACoA | Parents Helping Parents | HopeHouse | Partnership to End Addiction | Diversion Hub | Valley Hope | Angels Foster | Latino Community Development Agency | Mary Abbott House | YMCA | Rob's Ranch | Sunbeam Family Services | Teen Recovery Solutions | Junior Hospitality of OKC | Center for Children and Families | Circle of Care | AMP Resources CASA of Oklahoma County | The Diversion Hub | Teen Recovery Solutions



Because it takes a lot of courage for grownups to face how addiction may have impacted their children...

All Peaceful Family
Oklahoma programs
remain FREE to families,
thanks to the generosity
of our supporters



PEACEFUL FAMILY OKLAHOMA