

PREVENTION RESOURCES

E-LEARNING MODULES, WEBINARS, AND YOUTUBE VIDEOS



A wide variety of e-Learning modules are available to all communities. These free modules are generally 12-18 minutes in length and offer a brief look at a subject that is directly related to the work of coalitions and communities working with prevention. Many of the e-learning modules also are available in Spanish. Here is a link to a master folder of all the modules:

<https://ispri.ng/G2nnq>

KANSAS COMMUNITIES THAT CARE (KCTC) YOUTH SURVEY MODULE

The Kansas Communities That Care (KCTC) youth survey is administered annually free of charge to schools in the state of Kansas. It tracks teen use of harmful substances and provides a baseline for teen usage, the perception of attitudes and provides a measurable level of risk and protective factors that influence behavior, attitudes, and opinions of Kansas teens. This module covers the features and functions of the KCTC Youth Survey.

<https://ispri.ng/ngGYq>

E-CIGARETTES, VAPING, AND TEENS

This module reviews what e-cigarettes are, what vaping is and how they affect the teenage brain and body. It also reviews current national regulation around distribution and usage of e-cigarettes.

<https://ispri.ng/09NZr>

PROBLEM GAMBLING: WHAT COMMUNITIES NEED TO KNOW

Defining problem gambling, warning signs of problem gambling, national and state data regarding problem gambling, responsible gambling tips and resources are all covered in this module.

<https://ispri.ng/D27zQ>

FIDELITY

This module will discuss the importance of fidelity, assist in guiding the implementation of the selected program and look at the importance of measuring how closely the program follows the intended design.

<https://ispri.ng/79NnD>

ADVERSE CHILDHOOD EXPERIENCES SERIES

UNDERSTANDING THE ADVERSE CHILDHOOD EXPERIENCES STUDY

This module will compare risk factors of the ACE scores, define effects of increased ACEs on development and review response and resilience associated with early intervention, support and education.

<https://ispri.ng/lpZrX>

ADVERSE CHILDHOOD EXPERIENCES AND ADDICTION

Adverse Childhood Experiences (ACEs) are a significant risk factor for addictive behaviors, including substance use disorders, and are strongly related to the development and prevalence of a wide range of health problems throughout the lifespan. This module will review the relationship between ACEs and addiction.

<https://ispri.ng/5rNZG>

STRATEGIC PREVENTION FRAMEWORK SERIES (SPF)

This seven-part series covers an overview of the SPF as well as an individual module dedicated to each step of this important process.

STRATEGIC PREVENTION FRAMEWORK OVERVIEW

This is an introduction to the entire SPF process and a brief overview of each step.

<https://ispri.ng/R2vmy>

ASSESSMENT

In the first step of the SPF process, data is collected to define problems, resources, and readiness to address identified problems. This module covers assessment and what it encompasses.

<https://ispri.ng/lpzzQ>

CAPACITY

Step 2 of the SPF helps prevention professionals identify resources and build readiness to address substance use and misuse. This module covers the components of capacity and offers tips on how your coalition can build it.

<https://ispri.ng/BmRRG>

PLANNING

Step 3 of the SPF helps prevention professionals form a plan for addressing priority problems and achieving prevention goals. This module outlines the planning process and how it impacts your coalition's efforts.

<https://ispri.ng/kxvz>

IMPLEMENTATION

During the implementation step, coalitions put their strategic prevention plans into action by delivering their selected, evidence-based interventions. This module includes information about and guidance for the implementation process.

<https://ispri.ng/v27qZ>

EVALUATION

The evaluation step of the SPF quantifies the challenges and successes of implementing a prevention program. This module covers the evaluation process.

<https://ispri.ng/yDnZN>

CULTURAL COMPETENCE

Cultural competence, the ability to interact effectively with people of different cultures, helps ensure the needs of all community members are addressed. Understanding how cultural competence is pervasive throughout the entire SPF process is the focus of this module.

<https://ispri.ng/JLYZD>

SUSTAINABILITY

Ensuring the sustainability of prevention outcomes by building stakeholder support for your coalition's efforts, showing and sharing results, and obtaining steady funding are covered in this module.

<https://ispri.ng/KrxVq>

SERIE DE MÓDULOS DE ESTRUCTURA ESTRATÉGICO DE PREVENCIÓN (SPF)

Esta serie de siete partes cubre una descripción general del SPF, así como un módulo individual dedicado a cada paso de este importante proceso.

VISIÓN GENERAL DEL MARCO ESTRATÉGICO DE PREVENCIÓN (Strategic Prevention Framework Overview) Una introducción a todo el proceso de SPF y un breve descripción general de cada paso.

<https://ispri.ng/5rNqK>

EVALUACIÓN (Assessment)

En este primer paso del proceso de SPF, se recopilan datos para definir problemas, recursos y preparación para abordar los problemas identificados. Este módulo cubre la evaluación y lo que abarca.

<https://ispri.ng/BmRMm>

CAPACIDAD (Capacity)

El paso 2 del SPF ayuda a los profesionales de la prevención a identificar recursos y a prepararse para dirigir el uso y abuso de sustancias. Este módulo cubre los componentes de la capacidad y ofrece consejos sobre cómo puede construirla su coalición.

<https://ispri.ng/8qNGI>

PLANIFICACIÓN (Planning)

El paso 3 del SPF ayuda a los profesionales de prevención a formar un plan para dirigir los problemas prioritarios y lograr los objetivos de prevención. Este módulo describe el proceso de planificación y cómo afecta los esfuerzos de su coalición.

<https://ispri.ng/9mvr3>

IMPLEMENTACIÓN (Implementation)

Durante el paso de implementación, las coaliciones ponen sus planes estratégicos de prevención en acciones mediante la entrega de sus intervenciones seleccionadas, basadas en la evidencia. Este módulo incluye información y orientación para el proceso de implementación.

<https://ispri.ng/WmKWw>

EVALUACIÓN (Evaluation)

El paso de evaluación del SPF cuantifica los desafíos y éxitos de la implementación de un programa de prevención. Este módulo cubre el proceso de evaluación.

<https://ispri.ng/BmRMm>

COMPETENCIA CULTURAL (Cultural Competence)

La competencia cultural es la capacidad de interactuar de manera efectiva con personas de diferentes culturas, ayuda a asegurar que se dirijan las necesidades de todos los miembros de la comunidad. Subestimar cómo la competencia cultural es omnipresente a lo largo de todo el proceso SPF es el enfoque de este módulo.

<https://ispri.ng/kxvmR>

SOSTENIBILIDAD (Sustainability)

Asegurar la sostenibilidad de los resultados de la prevención mediante la construcción de apoyo de las partes interesadas para los esfuerzos de su coalición, mostrar e intercambiar resultados, y obtener fondos constantes se cubren en este módulo.

<https://ispri.ng/69NkK>

PRESCRIPTION DRUG MISUSE SERIES (Kansas and Oklahoma)

ABOUT THE EPIDEMIC

Prescription drug misuse is an epidemic affecting families and communities across the U.S. This module will provide in-depth information about the scope of the problem.

KS: <https://ispri.ng/8qNmM>

OK: <https://ispri.ng/YWZ51>

COMMONLY MISUSED MEDICATIONS AND THEIR EFFECTS ON THE BRAIN

In this second module of the Prescription Drug Misuse series we will take a closer look at the commonly misused medications and their effects on the human brain.

KS: <https://ispri.ng/x3DzY>

OK: <https://ispri.ng/x3DxX>

RISK AND PROTECTIVE FACTORS AND WARNING SIGNS

In this third module of the Prescription Drug Misuse series, we will focus on identifying the different factors that are associated with prescription drug misuse and review common warning signs.

KS: <https://ispri.ng/pNKpW>

OK: <https://ispri.ng/D27gJ>

RAISING AWARENESS

This final module in the Prescription Drug Misuse series explores different ways to raise awareness of the prescription drug epidemic.

KS: <https://ispri.ng/BmRqq>

OK: <https://ispri.ng/x3DxX>

RESPONDING TO AN OPIOID EMERGENCY

This e-Learning module will provide information about the opioid crisis, the use of Naloxone, Kansas laws surrounding Naloxone and resources for prevention and treatment.

<https://ispri.ng/M255r>

SUICIDE PREVENTION SERIES

SUICIDE PREVENTION: INTERVENTION

In this module, participants should walk away with the knowledge to identify risk factors and warning signs for suicide, have a better understanding of helpful intervention strategies for folks who are at risk of suicide and how to think about sharing information with their community. Lastly, participants should be able to identify protective factors and additional resources for supporting people who may be at risk of suicide.

<https://ispri.ng/nQ8L9>

PREVENTING SUICIDE IN OUR COMMUNITIES

Suicide prevention is often thought of as only being the business of mental health professionals or those who do crisis work. While it is incredibly important to seek help from and refer folks to professionals, it is also important that all community members are willing and able to engage in conversations about suicide. This module will review the ways communities can be active in helping to prevent suicide.

<https://ispri.ng/m0m1m>

RESOURCES ON YOUTUBE

Many of the modules listed in this resources guide can also be found on DCCCA's Communications YouTube channel.

<https://www.youtube.com/channel/UCn6G1DISuDPtHGApjOnEEg>

E-LEARNING MODULES IN SPANISH

Módulo de Encuesta Juvenil de Kansas Communities That Care (KCTC) (Kansas Communities That Care (KCTC) Youth Survey Module)

La encuesta para jóvenes de Kansas Communities That Care (KCTC) se administra anualmente sin cargo a las escuelas del estado de Kansas. Realiza un seguimiento del uso de sustancias nocivas por parte de los adolescentes y proporciona una referencia para la participación de los adolescentes en la percepción de las actitudes y proporciona un nivel medible de riesgo y factores protectores que influyen en el comportamiento, las actitudes y las opiniones de los adolescentes de Kansas. Este módulo cubre las características y funciones de la Encuesta Juvenil de KCTC.

<https://ispri.ng/D2zYy>

E-Cigarettes, Vaping, y Adolescentes (E-Cigarettes, Vaping, And Teens)

Este módulo revisa qué son los cigarrillos electrónicos, qué es vaping y cómo afectan el cerebro y el cuerpo de los adolescentes. También revisará la regulación nacional actual sobre distribución y uso de cigarrillos electrónicos.

<https://ispri.ng/LQR1M>

Problema de Apuestas: lo que las Comunidades Necesitan Saber (Problem Gambling: What Communities Need to Know)

En este módulo, se tratan la definición de problemas con los juegos de azar, las señales de advertencia de problemas con los juegos de apuestas, los datos nacionales y estatales sobre problemas con los juegos de azar, los consejos y los recursos para el juego responsable.

<https://ispri.ng/8qmDr>

Fidelidad

(Fidelity)

Este módulo discutirá la importancia de la fidelidad, ayudará a guiar la implementación del programa seleccionado y observará la importancia de medir cuán cerca el programa sigue el diseño previsto.

<https://ispri.ng/Wm5IX>

Comprender el Estudio de Experiencias Adversas en la Infancia (Understanding the Adverse Childhood Experiences Study)

Este módulo comparará los factores de riesgo de los puntajes de ACE, definirá los efectos del aumento de ACE en el desarrollo y revisará la respuesta y la resiliencia asociadas con la intervención temprana, el apoyo y la educación.

<https://ispri.ng/zBGvr>

Experiencias Adversas en la Niñez y Adicción (Adverse Childhood Experiences and Addiction)

Experiencias adversas en la infancia (ACE) son un factor de riesgo significativo para comportamientos adictivos, incluidos los trastornos por consumo de sustancias que están estrechamente relacionados con el desarrollo y la prevalencia de una amplia gama de problemas de salud a lo largo de la vida, como el uso de sustancias y otros trastornos adictivos. Este módulo revisará la relación entre las ACE y la adicción.

<https://ispri.ng/39051>



To find other prevention resources visit:
<http://www.kansaspreventioncollaborative.org>
<http://www.dcca.org/prevention-resources>